



# LAMPETER CAFE

1702 Lampeter Road, Lancaster, PA | Mon.-Sat. 7am-3pm | Fri. 7am-8pm  
lampeter.cafe | 717.455.7774

## BREAKFAST // SERVED ALL DAY

### SAVORY CLASSICS

(GF bread +1.50) | add bacon/ham/sausage+2

THE OL' STANDBY (V) <i>two eggs over med., potatoes, buttered toast   add bacon/ham/sausage+2</i>	7.50
BREAKFAST MELT (V) <i>two scrambled eggs &amp; cheddar, on toast, bagel, or croissant   add bacon/ham/sausage+2</i>	5.95
ANNIE'S HASH <i>breakfast casserole with potatoes, egg, cheese, ham, bacon</i>	9.00
HOUSE QUICHE <i>inquire for daily flavors   add a side of breakfast potatoes or fruit cup +3</i>	7.50
CRUSTLESS QUICHE (GF) <i>inquire for daily flavors   add a side of breakfast potatoes or fruit cup +3</i>	4.95
BREAKFAST BURRITO (V) <i>eggs, potatoes, sharp cheddar, black bean salsa, spinach   side of salsa &amp; cilantro lime sauce</i>	8.95
VEGAN BURRITO (V) (VG) <i>black bean salsa, potatoes, spinach   served with salsa</i>	8.95

### SWEET CLASSICS

add bacon/ham/sausage +2

FRENCH TOAST (V) <i>three slices cinnamon swirl bread   PA maple syrup, fresh fruit &amp; whipped cream</i>	8.95
STUFFED FRENCH TOAST (V) <i>two slices of french toast baked &amp; stuffed with a cream cheese blend topped with berries and house-made creme</i>	8.50
FRENCH TOAST STACKER <i>choice of bacon, ham, or sausage along with 2 eggs &amp; smoked gouda between 2 slices of french toast   side of PA maple syrup</i>	9.50
OATMEAL & YOGURT BOWL (V) (GF) <i>local vanilla yogurt topped with seasonal fruit &amp; candied pecans, over chilled house baked oatmeal</i>	8.25

### SKILLETS

served on a cast iron skillet with fresh ingredients & over medium eggs

the PIONEER (GF) <i>two eggs, breakfast potatoes, cheddar, choice of bacon, ham, sausage</i>	9.00
the LAMPETER (GF) <i>two eggs, potatoes, cheddar, bacon, spinach, black bean salsa, sriracha mayo</i>	10.50
the CALI (GF) <i>two eggs, potatoes, cheddar, bacon, spinach, guacamole, cilantro lime drizzle</i>	11.00
the GREEK (V) (GF) <i>two eggs, potatoes, feta, cherry tomatoes, onion, olives spinach, tzatziki sauce</i>	10.50

### OMELETTES

three egg omelette served with potatoes or toast | or both potatoes & toast +1.50  
(GF bread +1.50)

the CLASSIC (GF) <i>cheddar, choice of bacon, ham, or sausage</i>	9.00
the SOUTHWEST (V) (GF) <i>cheddar, black bean salsa, guacamole, cilantro lime sauce</i>	10.25
the MEDITERRANEAN (V) (GF) <i>feta, tomato, onion, spinach, kalamata olives, tzatziki sauce</i>	10.25
the WESTERN (GF) <i>ham, cheddar, onions, bell peppers</i>	9.95
the MECK'S FEATURE (V) (GF) <i>mushrooms, swiss, caramelized onions</i>	9.95

### LIGHT FARE

FRUIT & YOGURT PARFAIT (V) (GF) <i>local vanilla yogurt, seasonal fruit, candied pecans, honey granola</i>	5.95
BAKED OATMEAL (V) (GF) <i>house recipe, served with steamed milk &amp; fresh fruit</i>	5.95
BAGEL & CREAM CHEESE (V) <i>choice of plain or everything bagel, toasted</i>	3.50

### TOASTS

toasted bread topped with fresh ingredients

AVOCADO TOAST (V) <i>guacamole, tomato, feta, cilantro lime on honey wheat toast   add egg +1.50</i>	7.50
HUMMUS TOAST (V) <i>hummus, feta, tomatoes, cucumbers, kalamata olives, tzatziki on molasses rye toast</i>	6.75
PEANUT BUTTER BERRY TOAST (V) <i>peanut butter, berries, coconut, sprinkle of cinnamon on cinnamon swirl toast</i>	6.00

### KIDS

JR. OMELETTE <i>two egg omelette with bacon &amp; cheddar, slice of toast</i>	5.95
SCRAMBLED EGGS (V) <i>two scrambled eggs, side of toast</i>	4.95
MINI FRUIT & YOGURT PARFAIT (V) (GF) <i>locally made vanilla yogurt, fresh fruit, honey granola</i>	3.50
FRENCH TOAST STICKS (V) <i>cinnamon swirl french toast, whipped cream, PA maple syrup</i>	3.50   5.50

### SIDES

TOAST / CROISSANT 2.00    BREAKFAST POTATOES 2.50    BACON / HAM / SAUSAGE 2.00    FRUIT CUP 3.50

# LUNCH & DINNER // SERVED FROM 11AM - CLOSE

## WRAPS

served with potato chips and pickle

OPTION: exchange chips & pickle for side of fries +2.50

CHICKEN BACON RANCH WRAP <i>chicken, bacon, cheddar, tomato, romaine lettuce, ranch dressing</i>	9.50
CALI WRAP (V) <i>spinach, guacamole, onion, tomato, cheddar, feta, cilantro lime sauce</i>	10.25
CURRY CHICKEN WRAP <i>house-made curry chicken salad, candied pecans, feta, Meck's hydroponic lettuce</i>	9.50
MEDITERRANEAN GRAIN WRAP (V) (VG) <i>quinoa, peppers, onion, kalamata olives, hummus, cucumber, spinach, balsamic</i>	9.50

## MELTS & MORE

BEEF BRISKET PLATTER <i>sliced beef brisket on Texas toast, barbecue sauce, side of horseradish, side of fries, corn muffin, pickle</i>	14.00
BRISKET MELT <i>brisket, barbecue sauce, horseradish, smoked gouda on brioche roll, side of fries</i>	13.00
TUNA MELT <i>house-made tuna salad &amp; cheddar on a croissant, side of fries</i>	11.00
REUBEN MELT <i>corned beef, sauerkraut, house thousand island, swiss, on rye bread, side of fries</i>	11.50
BAKED MACARONI & CHEESE (V) <i>house-made macaroni &amp; cheese</i>	5.50
CHICKEN TENDERS & FRIES <i>breaded chicken fingers with a side of fries</i>	9.00

## BURGERS

6oz. locally sourced beef, from Verdant View Farm,  
served on brioche with choice of house fries or sweet potato fries  
gluten free bread +1.50

BUILD YOUR OWN BURGER <i>add sauces &amp; veggies +.50 add cheese +.75 add bacon or guacamole +2 add egg +1.50</i>	9.00
SMOKEHOUSE BURGER <i>bacon, smoked gouda, barbecue sauce, caramelized onion, hydroponic lettuce</i>	13.00
GUACAMOLE BURGER <i>cheddar, guacamole, tomato, cilantro lime sauce, Meck's hydroponic lettuce</i>	13.50
CLASSIC BURGER <i>cheddar, tomato, red onion, mayo, Meck's hydroponic lettuce</i>	10.50

## SOUPS

house made soups served in a cup or crock

TOMATO SOUP (V) <i>daily tomato soup selection with house-made, grilled cheese croutons</i>	3.00   5.50
SOUP OF THE DAY <i>house-made, seasonal soup</i>	A.Q.

## SALADS

HOUSE SALAD (V) (GF) <i>tomato, onion, feta, Meck's hydroponic lettuce   balsamic dressing   + \$2.50 to add chicken</i>	HALF 3.50   FULL 7.50
SEASONAL SALAD (V) (GF) <i>winter squash, raisins, candied pecans, feta, Meck's lettuce   balsamic dressing</i>	HALF 5.50   FULL 9.50
CHICKEN FAJITA SALAD (GF) <i>chicken, cheddar, tomatoes, tortilla strips, Meck's hydroponic lettuce   southwestern dressing</i>	HALF 5.50   FULL 9.50
CURRY CHICKEN SALAD (GF) <i>house-made curry chicken salad, candied pecans, feta, Meck's lettuce   poppy seed dressing</i>	HALF 5.50   FULL 9.50
ANTIPASTO (V) <i>cured salami, mozzarella, cherry tomatoes, kalamata olives, romaine   olive oil &amp; vinegar</i>	HALF 5.50   FULL 9.50
MEDITERRANEAN GRAIN BOWL (V) (VG) (GF) <i>quinoa, peppers, onion, kalamata olives, hummus, &amp; cucumber on spinach   balsamic dressing</i>	9.50

## QUICHE

add side of house salad, soup, breakfast potatoes, or fruit cup +3

QUICHE <i>inquire for daily flavor</i>	7.50
CRUSTLESS QUICHE (GF) <i>inquire for daily flavor</i>	4.95

## KIDS

make it a meal: add a kid's drink & cookie +2.50  
kids drink options: juice, milk, steamer, hot chocolate

MAC & CHEESE (V) <i>cup of house-baked macaroni &amp; cheese</i>	3.00
CHICKEN TENDERS & FRIES <i>breaded chicken tenders served with a side of fries</i>	7.00
KID'S BURGER <i>three oz. burger on a roll, served with side of fries</i>	7.00
PB&J (V) <i>cinnamon swirl bread with peanut butter &amp; strawberry jam</i>	5.00

**SIDES** HOUSE FRIES 4.00 SWEET POTATO FRIES 4.50 FRESH FRUIT 3.50 MAC & CHEESE 3.00

(V) Vegetarian | (VG) Vegan | (GF) Gluten Friendly

Please know that consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food-borne illness, especially if you have a medical condition. Please let your cashier, or a manager know if you have any allergy so that we can ensure that your food is being prepared with extra attention to accommodate your dietary restrictions. (GF) Items prepared gluten free upon request. We prepare all gluten free items with extra attention, however, we are not a certified gluten free kitchen.